



*LONG LIFE PRAYER  
FOR  
Singha Thekchen Namdrol  
Rinpoche*



## Om Svasti

Like the countless light rays that radiate from the ruby mountain;  
Exquisite Amitayus, Lord of Everlasting Life, who captivates and one does not tire of seeing;  
Whose essence is of infinite life, the nectar of immortality;  
Please instantly grant our Guru, The Siddhi of Stable and Everlasting Life.

**Pad-Rab Lhun-Poi O'ser Bum Tro Tar  
Rab Ze Ta-Wai Mi-Ngom Tse-Pak Me  
Chi-Med Du-Tsi Bum Gyi Che-Chuk Pa  
Tak-Ten Dro-Wai Ngo-Po Deng-Dhir Tsol**

You are intelligent and skilful in upholding the traditions of Buddha;  
Spreading the Holy Dharma through explanations and practices;  
In order to lead disciples onto the path to liberation;  
You are the one who is an Unequaled Guide, please live a long and stable life.

**Gang-Lo Thub-Pai Ring-Lug Zin-Khe Pa  
Shed Dang Drup-Pai Ten-Pa Pel-Wa Dang  
Dul-Ja Nam-Drol Lam-Du God-Pa La  
Dren-Pai Da-Dral Chog-Tu Shab-Ten Shog**

I request respectfully, my Precious and Holy Guru, to enjoy excellent health;  
I request respectfully, my Precious and Holy Guru, to live a long life;  
I request respectfully, my Precious and Holy Guru, that your Dharma activities spread and flourish far and wide;  
I request respectfully, my Precious and Holy Guru, to bless me to be never separated from you.

**La-Ma Ku-Kham Sang-La Sol-Wa Deb  
Chog-Tu Ku-Tse Ring-La Sol-Wa Deb  
Trin-Lae Dar-Shing Gye La Sol-Wa Deb  
La-Ma Dang-Dral Wa-Med-Par Jin-Gi Lab-Tu Sol**

In all my future rebirths, may I never be separated from my Perfect Guru;  
May I enjoy the magnificent Dharma;  
And by completing the qualities of the stages and path;  
May I quickly attain the state of Vajradhara.

**Kye-Wa Kun-Tu Yang-Dag La-Ma Dang  
Dral-Me Cho-Kyi Pal-La Long Cho Ching  
Sa-Dang Lam-Gyi Yon-Ten Rab-Zog Ne  
Dor-Je Chang-Gi Go-Phang Nyur-Thob Shog**