



# Vaidurya Healing Festival

26 Sep – 13 Nov 2022

Healing Inner and Outer Worlds

药师琉璃光胜会 2022 • 内外世界同祈愈

9月26日 至 11月13日

# Healing Inner and Outer Worlds

## 内外世界同祈愈

Every year, during the Vaidurya Healing Festival (VHF), we come together to pray for the healing of Mother Earth and for all beings. The Medicine Buddha practice aids in the holistic healing of our mind and body. With deep faith, this practice enables us to have spiritual and material abundance.

This year, one of our highlights in VHF is to commission the construction of a Medicine Buddha Sand Mandala at our temple. A consecration ceremony for this Sand Mandala and a Sacred Lama Dance will be performed to avert obstacles of calamities and sicknesses during this turbulent period. Let's come together for this special ceremony to uplift and revitalise the world with positive and auspicious energies!

Relish this precious opportunity to witness and be blessed by Lord Medicine Buddha!

每年的【药师琉璃光胜会】，我们都凝心聚愿为大地之母及天下苍生祈求安康。修持药师法门，有助于让我们的身心灵得到治愈，从而带来精神与物质上的富足，让我们的活得更自在、更敞亮。

今年的药师胜会，有鉴于当前不明朗的全球局势，本寺将延请法师修造【药师如来沙坛城】给世界及天下苍生带来满满的光明与正能量！作为重点节目，沙坛城圆满之际也将举行【圣住仪式】及【喇嘛金刚舞】，祈求消灾解厄、大降吉祥。

值此善缘，呼吁大众前来见证药师如来的殊胜加持！

**EVENT  
HIGHLIGHT!**  
**重点节目!**



Pledge 100,000 Recitations of  
Seven Medicine Buddha Long Mantra  
发愿共同累积念诵10万遍药师七佛长咒



We will be accumulating 100,000 mantras globally from 26/9/2022 to 13/11/2022 dedicated to the healing of our inner and outer worlds, and the wellbeing of all sentient beings whom we share the world with. Do your part by contributing to our common goal. Look out for more details on our telegram channel and social media!

我们将在9月26日至11月13日期间，发起全球累积10万长咒的活动。我们愿以此功德，回向内心与外在世界的疗愈，及普天下一切有情的安康。吁请大家献出一份力，与我们一起向共同的目标。请留意我们的Telegram 频道或社交媒体获取更多资讯！

Stop.Breathe.Live Outdoor Meditation -  
Re-connecting with Mother Earth  
【暂停.入禅.重生】户外禅修 -  
重回大地之母的怀抱



In this morning session, join us in reconnecting with our inner self and sending our healing energies to Mother Earth. As part of our sustained efforts to improve our planet's health, the donations raised from this activity goes to tree planting efforts to mitigate climate change!

欢迎参与这项活动，与我们一起在晨风中观照内心，并将治愈的力量传递给大地之母。为了持续维护地球健康，这项活动所筹集的善款将用于支持植树计划，以缓和全球暖化的影响！

Medicine Buddha Fire Puja  
药师如来火供法会

Conducted by Singha Rinpoche, this fire puja helps us to purify negative karma and clears away obstacles and defilements. Improve difficult conditions and purify negativities that affect our physical and mental wellbeing through this puja.

由鑫和仁波切主持的这场火供法会能帮助我们净化恶业，并消除烦恼与障碍。若要改善因缘及环境条件，并净化影响身心健康的负能量，敬请报名火供祈福。

Merit Opportunities  
增广福田



H01  
Vaidurya  
Infinite Blessings Tablet  
药师圣众普照禄位

\$3600

Per Name/Family/Company  
每名/合家/公司

Offering Period 祈福日期:  
26/09/2022 - 26/09/2023 (1 Year)



H02  
Light of  
Longevity and Healing  
药师如来宝灯

\$1388

Per Name/Family/Company  
每套 (每名/合家/公司)

Offering Period 祈福日期:  
26/09/2022 - 30/12/2022



H03  
Light of  
Victory and Vitality  
增福延寿灯

\$388

Per Name/Family/Company  
每名/合家/公司

Offering Period 祈福日期:  
26/09/2022 - 13/11/2022



H04  
Medicine Buddha  
Healing Tablet  
药师康泰位

\$68 Per Name 每名

Offering Period 祈福日期:  
26/09/2022 - 13/11/2022



H05  
Medicine Buddha Fire Puja  
药师如来火供法会

\$25 Per Name 每名

Closing Date 截止日期:  
26/11/2022 8am

# Programme 节目表

26/9- 13/11

**Accumulation of 100,000**

**Medicine Buddha Long Mantra**

**共同累积念诵10万遍【药师七佛长咒】**

**Vaidurya Healing Festival Opening Prayers**

**药师琉璃光胜会开幕礼**

26/9 Mon 8.00pm  **LIVE**

Light-Up Ceremony and  
Medicine Buddha Puja (Eng)  
亮灯仪式与药师如来法会 (英)

27/9 Thu - 30/9 Fri

Construction of Medicine Buddha Sand Mandala

【药师如来沙坛城】修造过程

(To be announced 待定)


Consecration of Medicine Buddha Sand Mandala

【药师如来沙坛城】圣住仪式  **LIVE**

Grand Medicine Buddha Puja (Tib)

盛大药师如来法会(藏)

Sacred Lama Dance 喇嘛金剛舞

7/10 Fri 7.30pm  **LIVE**

Medicine Buddha Fire Puja 药师如来火供法会

9/10 Sun 9.00am

Stop.Breathe.Live Outdoor Meditation

- Re-connecting with Mother Earth

【暂停.入禅.重生】户外禅修 - 重回大地之母的怀抱

13/10 Thur 8.00pm

Medicine Buddha Puja (Eng) 药师如来法会 (英)

20/10 Thur 8.00pm  **LIVE**

Special Teaching:

The Benefits of Reciting 'The Life of Milarepa' (Eng)

特别讲座: 修持《密勒日巴尊者传》的功德利益(英)

**Medicine Buddha's Birthday 药师如来诞辰**

24/10 Mon 11.00am

Medicine Buddha Puja (Tib) 药师如来法会(藏)

28/10 Fri 8.00pm

Medicine Buddha Puja (Eng) 药师如来法会 (英)

**Lord Brahma's Birthday 大梵天尊诞辰**

29/10 Sat

Recitation of 'The Life of Milarepa' (Eng)

赞诵《密勒日巴尊者传》(英)

8.00am Part 1 第一时段

11.00am Part 2 第二时段


2.00pm Part 3 第三时段

4.00pm Part 4 第四时段

11/11 Fri 8.00pm

Medicine Buddha Puja (Tib) 药师如来法会(藏)

**The Grand Finale 法会圆满日**

13/11 Sun 2.00pm  **LIVE**

Medicine Buddha Puja (Tib) 药师如来法会(藏)

Dissolution of Medicine Buddha Sand Mandala

【药师如来沙坛城】化空仪式



 **LIVE**  
Thekchen Choling



 **LIVE**  
Singha Thekchen  
Namdrol Rinpoche

## SPONSORSHIP OPPORTUNITIES

We are pleased to provide you with exclusive prayers and offering arrangements for our Healing Festival.

If you are interested, please contact Ng Yi Zhen for more details at 64663720 or email [yizhen.ng@thekchencholing.org](mailto:yizhen.ng@thekchencholing.org)

## 赞助法会

本寺将在药师胜会期间, 提供专属祈福安康配套。



若有兴趣了解更多详情, 请电 64663720 与黄意珍接洽, 或将电邮发送至 [yizhen.ng@thekchencholing.org](mailto:yizhen.ng@thekchencholing.org)

## Medicine Fund for the Needy 施医赠药基金

Any Donation is appreciated 随缘乐捐  
This fund supports the needy with medical assistance and medication.  
此基金用于帮助贫困老弱减轻医药费的负担。

All amount stated above are suggested contributions that will be used to support the Dharma activities of Thekchen Choling Singapore Ltd. 以上所列出的数额均为建议捐款, 用于护持新加坡大乘禅寺的一切弘法活动。

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